



**DEPARTMENT OF PHYSICAL  
EDUCATION  
WMO ARTS & SCIENCE COLLEGE**

*"education and some more"*

**Affiliated to University of Calicut**

**(Aided by Govt. of Kerala)**

**P.O. MUTTIL, WAYANAD, KERALA – 673122**

**Phone : 04936-203382 (Office)  
04936-207532 (Principal)**

e-mail : [wmocollege@gmail.com](mailto:wmocollege@gmail.com)

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**DEPARTMENT OF PHYSICAL EDUCATION  
ANNUAL REPORT 2019-20**

The Physical Education Department at W.M.O. Arts & Science College, during the academic year 2019-20, aimed to foster physical fitness and sportsmanship among the students. The department provided a range of well-maintained facilities to support various sports activities. These included a 200-meter track for track and field events, a standard football field, a dedicated cricket pitch, badminton and volleyball courts, and a fully equipped fitness center. These facilities were instrumental in promoting active participation and athletic development among the students.

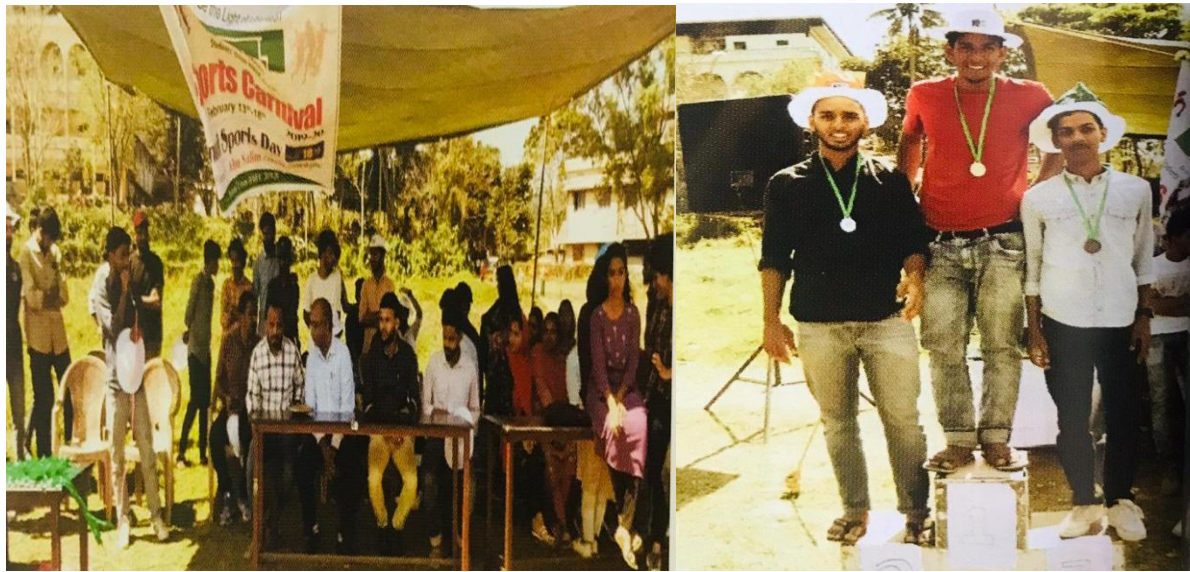
The department organized the annual athletic meet on 16th January 2020, where 635 students participated in track and field events, showcasing their talents and competitive spirit. Additionally, intramural tournaments were conducted to encourage healthy competition among students. The department organized a football tournament on 11th and 12th February 2020, a cricket tournament on 18th and 19th March 2020, and a volleyball tournament on 2nd and 3rd March 2020. These intramurals provided students with opportunities to engage in sports and build camaraderie among them.

The Physical Education Department actively collaborated with external societies and organizations to promote sports and host events. In partnership with the Wayanad District Cricket Association, the department shared its facilities to host an inter-state cricket tournament for physically challenged individuals. Moreover, 89 students from the college participated in university matches, representing the institution with great pride. Several students achieved notable success at the university and national levels, earning recognition for their talents and bringing honor to the college.

## 1. Annual athletic meet events

<b>DETAILS OF WINNERS</b>				
<b>Sl.no</b>	<b>Events</b>	<b>1st</b>	<b>2nd</b>	<b>3rd</b>
1.	100MTR MEN	ADITHYAN N R	ARSHID K	HANISH P M
2.	100MTR WOMEN	MEGHA K M	AYSHA MUHSINA O	FEMINA P
3.	200MTR MEN	AKHIL C V	MUHAMMED	MUHAMMED SANOOP
4.	200MTR WOMEN	MUBINA MARIYAM	RABEEBA RAFIYA C	SHAMILA J
5.	400MTR MEN	SHADIL T	SOORAJ N V	SUMILSHAD
6.	400 MTR WOMEN	RAFNA SHARIN	MEGHA K M	ARSHIDHA
7.	800 MTR MEN	FAISAL ASIF P	VYSHAKH C B	VISHNUDAS K
8.	800MTR WOMEN	FARSANA K N	MIJINSHA	DRISSYA MOHANAN
9.	1500 WOMEN	SAHALA V K	SHARON GEORGE	FASNA T.K
10.	5000 MTR MEN	ABEESH S BABU	ANZIL P A	FAYIS R
11.	4X100MTR RELAY MEN	ORANGE	WHITE	GREEN
12.	4X100MTR RELAY WOMEN	GREEN	WHITE	ORANGE
13.	4X400MTR RELAY MEN	WHITE	ORANGE	GREEN
14.	SHOT PUT MEN	JASHIN P C	AJITH KUMAR K B	MUHAMMED RINSHAD
15.	SHOT PUT WOMEN	RINSHA V P	HAZEENA K S	ASMILA M
16.	JAVELIN THROW MEN	ANAS MUBARAK	JASHIN P C	ARSHID K
17.	JAVELIN THROW WOMEN	SHERIN SHIFANA M	AMEERA DHIYA	LUBAIBA JABIN P P
18.	LONG JUMP MEN	ANZIL M S	AROMAL O L	AJMAL A
19.	LONG JUMP WOMEN	FASNA P A	HASNA K H	NAFISATHUL MISRIYA K
20.	HIGH JUMP WOMEN	ASMILA M	ANSHIDA JASMIN	JISNI M P
21.	HIGH JUMP MEN	MIDHULA J CK	ABHILASH P M	ASIF SAHEER N
22.	DISCUS THROW MEN	MUHAMMED JASEEM A	RAHUL K S	VYSHAKH C B
23.	DISCUS THROW WOMEN	DHILU FATHIMA	ARYA K S	HANNA C P
<b>INDIVIDUAL CHAMPION WOMEN</b>		<b>MEGHA K M</b>		
<b>INDIVIDUAL CHAMPION MEN</b>		<b>JASHIN P C</b>		
<b>WINNER</b>		<b>WHITE HOUSE</b>		
<b>NUMBER OF STUDENTS PARTICIPATED</b>		<b>635</b>		

<b>Sl No</b>	<b>Name of the Event</b>	<b>Date</b>	<b>Number of Participation</b>
1	100MTR MEN	16/01/2020	28
2	100MTR WOMEN	16/01/2020	25
3	200MTR MEN	16/01/2020	37
4	200MTR WOMEN	16/01/2020	26
5	400MTR MEN	16/01/2020	25
6	400 MTR WOMEN	16/01/2020	21
7	800 MTR MEN	16/01/2020	27
8	800MTR WOMEN	16/01/2020	18
9	1500 WOMEN	16/01/2020	15
10	1500 MTR MEN	16/01/2020	34
11	4X100MTR RELAY MEN	16/01/2020	16
12	4X100MTR RELAY WOMEN	16/01/2020	16
13	4X400MTR RELAY MEN	16/01/2020	16
14	SHOT PUT MEN	16/01/2020	41
15	SHOT PUT WOMEN	16/01/2020	21
16	JAVELIN THROW MEN	16/01/2020	54
17	JAVELIN THROW WOMEN	16/01/2020	36
18	LONG JUMP MEN	16/01/2020	41
19	LONG JUMP WOMEN	16/01/2020	23
20	HIGH JUMP WOMEN	16/01/2020	15
21	HIGH JUMP MEN	16/01/2020	19
22	TRIPPLE JUMP MEN	16/01/2020	20
23	TRIPPLE JUMP WOMEN	16/01/2020	15
24	DISCUS THROW MEN	16/01/2020	26
25	DISCUS THROW WOMEN	16/01/2020	20
	<b>Total Participation</b>		<b>635</b>



**ANNUAL ATHLETIC MEET 2019-20**

## 2. Intramurals

Sl No	Name of the Event	Dates	Number of Participation
1.	INTRAMURAL FOOTBALL CHAMPIONSHIP	11,12 February 2020	130
2	INTRAMURAL VOLLEYBALL CHAMPIONSHIP	2,3 march 2020	110
3	INTRAMURAL CRICKET CHAMPIONSHIP	18,19 march 2020	130
	<b>Total Participation</b>		<b>370</b>

## 3. List of Sports events in the University level.

Sl.No	Name of the Event	No.of Students Participated	Date	Organizer
1	Football 'A' zone	20	01/10/2019	Farook college
2	Football inter zone	20	28/10/2019	Calicut university Centre for physical education
3	Volleyball 'A' zone	12	30/10/2019	Ideal college of arts and science kuttiadi
4	Volleyball inter zone	12	4/11/2019	Sree Narayana Guru college, Chelannur
5	Inter zone table tennis	5	14/12/2019	MES Mampad College
6	Cricket 'A' zone	16	08/11/2019	St. Joseph's college Devagiri
7	Fencing inter zone	4	16/12/2019	Vimala college thrissur

**Achievements in university/state level**

<b>Sl.No</b>	<b>Name of student</b>	<b>event</b>	<b>achievement</b>	<b>Remarks</b>
1	ANAGHA K M	FENCING	SECOND IN JUNIOR NATIONAL FENCING CHAMPIONSHIP	
2	SEFUVAN	VOLLEYBALL	THIRD IN ALL INDIA INTER UNIVERSITY VOLLEYBALL CHAMPIONSHIP	
3	ABU SUFIYAN	WU-SHU	THIRD PLACE IN CALICUT UNIVERSITY INTERZONE WU-SHU CHAMPIONSHIP	

#### 4. College teams

### FOOTBALL

WMO ARTS AND SCIENCE COLLEGE MUTTIL		
DEPARTMENT OF PHYSICAL EDUCATION		
COLLEGE FOOTBALL TEAM 2019-20		
SL.NO	NAME	CLASS
1	MUHAMMED SANOOP KP	BSC CHEMISTRY
2	HANISH	B.COM CORPORATION
3	IJAS	BA.ARABIC
4	MIDAJ CK	BA.ENGLISH
5	AJMAL	B.COM CORPORATION
6	ABHISHEK	BA. ECONOMICS
7	RINSHAD	BA.MASS COMMUNICATION
8	ANOOP	BSC PHYSICS
9	AKHIL CHANDRAN	B.COM CORPORATION
10	ANAZ	BA.ECNOMICS
11	ASHIQUE	BA.ECNOMICS
12	SHIBILY	BA.MASS COMMUNICATION
13	MANU	BA.MASS COMMUNICATION
14	SAHAL	B.COM CORPORATION
15	SUHAIL	BA.MASS COMMUNICATION
16	ASHIR ABDULLAH	BA.MASS COMMUNICATION
17	NUBAISE	BA.MASS COMMUNICATION
18	SEBASTIAN PAUL	BA.ECNOMICS
19	AJAY	BA.ECNOMICS
20	AMEEN	BA.MASS COMMUNICATION

W.M.O College football team have been qualified to Calicut University inter zone football championship after four years and the performance of the team was spectacular. Goal scorers: - AMEEN-1, IJAS-1.



**PRACTICE SESSION**



**INTERCOLLEGIATE MATCH**





**JERSEY DISTRIBUTION**

DEPARTMENT OF PHYSICAL EDUCATION



FAROOK COLLEGE

P.O. FAROOK COLLEGE  
Kozhikode, Kerala, India 673 632  
E-mail: farookcollege@sify.com

Phone : 0091 - 495 - 244066;  
2440464, 2440595 Fax : 244046;  
Secretary : 0091 - 0495 - 270389;  
visit us : www.farookcollege.in

A COLLEGE WITH POTENTIAL FOR EXCELLENCE - IDENTIFIED BY THE UNIVERSITY GRANTS COMMISSION, NEW DELHI

**DUTY CERTIFICATE**

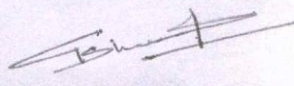
This is to certify that W.M.O. Arts & Science college football team accompanied by Mr./Ms/Dr. Abhinav Kumar K.B. Assistant professor/Associate professor as manager/coach participated in the Calicut University 'A' Zone football championship held at Farook College, Kozhikode from 1-10-2019 to 12-10-2019 October 2019.

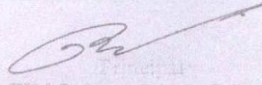
No TA/DA or rent free accommodation was provided to the team

SUB CONVENOR

Farook College



  
IRSHAD HASSAN. C.  
Assistant Professor & Head  
Department of Physical Education  
Farook College  
P.O. Farook College, Kozhikode - 673 632

  
W.M.O. Arts & Science College  
Mullil P.O., Wayanad - 673 122

**'A' zone football championship**



UNIVERSITY OF CALICUT  
CENTRE FOR PHYSICAL EDUCATION

Dr. K. P. Manoj  
Co ordinator

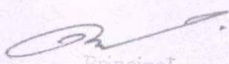
Office: 0494 2407547  
E-Mail: cpe@uoc.ac.in

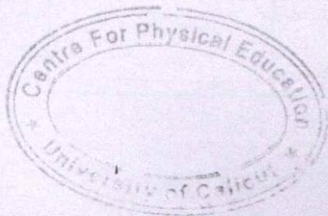
**Participation Certificate**

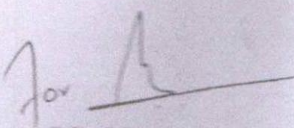
This is to certify that Sri/Smt/Dr. Abhin. Kumar. K.R. Asst./Associate  
Professor, in the Dept. of Physical Education, of W.M.O. Arts. Science  
College M.M.A.H. ..... was present as Manager/Coach of the  
Football (M) team consisting of 12.0. players, which has participated in the Calicut  
University intercollegiate Football (M) Championship held at University Stadium from  
28/10/2019.

No TADA or rent free accommodation was provided to the Manager, Coach and to  
the team members in this connection.

C.U. Campus  
28-10-2019

  
Principal  
W.M.O. Arts & Science Collège  
Muttil P.O., Wayanad - 673 122



  
CO-ORDINATOR  
CENTRE FOR PHYSICAL EDUCATION  
UNIVERSITY OF CALICUT  
P.O. CALICUT UNIVERSITY - 673 635

**Inter zone football championship**

## VOLLEYBALL

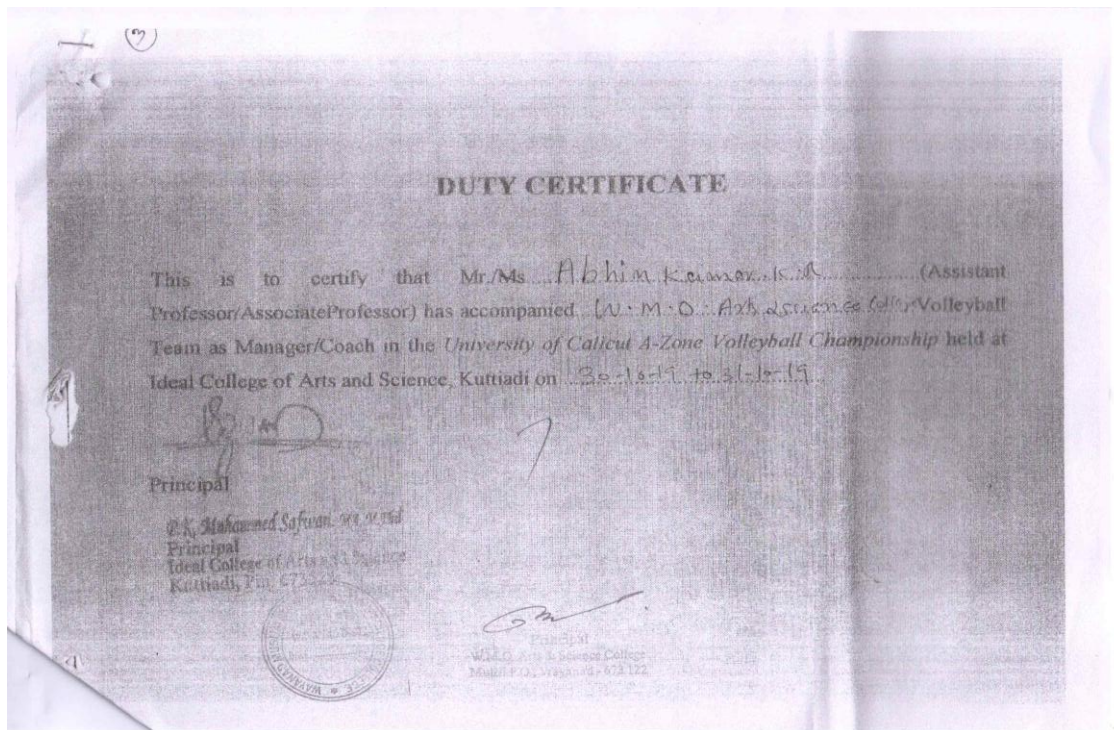
WMO ARTS AND SCIENCE COLLEGE MUTTIL		
DEPARTMENT OF PHYSICAL EDUCATION		
COLLEGE FOOTBALL TEAM 2019-20		
SL.NO	NAME	CLASS
1	AKASH	B S C MATHEMATICS
2	SAFVAN	B A ARABIC
3	SHAHEER	B A ARABIC
4	JAMSHEER	B A ENGLISH
5	RAHUL	B C A
6	AJITH KUMAR	B COM CO-OPERATION
7	DELBIN JOSE	B COM COMPUTER APPLICATION
8	AJAY S KUMAR	B COM COMPUTER APPLICATION
9	JAGANNATHAN	B S C PHYSICS
10	RAHEEM	B A ARABIC
11	HAFEES MUHAMMED	MASS COMMUNICATION
12	SOURAV	B COM CO-OPERATION



**PRACTICE SESSION**



**INTERCOLLEGIATE MATCH**



**'A' Zone volleyball championship**



SREE NARAYANA GURU COLLEGE, CHELANNUR  
DEPARTMENT OF PHYSICAL EDUCATION

**DUTY / PARTICIPATION CERTIFICATE**

This is to certify that.....W.M.O. Arts & Science..... College  
Volleyball ( Men) team, consisting of 12..... players accompanied by  
Dr/Mr./Mrs./Miss.....Abhin Kumar K..... Assistant  
Professor/Associate Professor in Physical Education as Manager has  
participated in the Calicut University Inter Zone Volleyball Tournament  
held at Sree Narayana Guru College, Chelannur, Kozhikode on 4-11-19 To  
6-11-19.....

Also certify that no T.A / D.A or rent free accommodation was provided  
by the team in this regard.

MADHU.K  
HOD & Associate Professor  
Dept. of Physical Education  
S.N.G. College, Chelannur


Madhu  
K. Madhu.  
Associate Professor  
Convener

[Signature]  
Principal  
W.M.O. Arts & Science College  
Muttill P.O., Wayanad - 673 122

**Inter zone volleyball championship**

# FENCING

WMO ARTS AND SCIENCE COLLEGE MUTTIL		
DEPARTMENT OF PHYSICAL EDUCATION		
COLLEGE FENCING TEAM 2019-20		
SL.NO	NAME	CLASS
1	ARYA E V	M .COM
2	ANAGHA K M	B .COM
3	AYISHA HAMILY M N	M. COM
4	JYOTHI MEENAKSHI	B.COM



Visit us : [www.vimalacollege.edu.in](http://www.vimalacollege.edu.in)  
E-mail : [mail@vimalacollege.edu.in](mailto:mail@vimalacollege.edu.in)  
Fax : 0487 - 2321759

Thirissur - 680 006, Kerala  
Ph : 0487 - 2332080

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College with Potential for Excellence


**PARTICIPATION CERTIFICATE**

This is to certify that Fencing (Men & Women) team of W.M.O. Arts & Science College accompanied by Sri/Smt/Dr. Abhinav Kesava Assistant / Associate Professor in the Department of Physical Education participated in the Calicut University intercollegiate Fencing Men & Women championship organized by Vimala College, Thirissur on 16<sup>th</sup> & 17<sup>th</sup> December 2019.

No TA/ DA or rent free accommodation was provided to the participants in this connection.

Participation

1. Arya E.V	7.
2. Anagha K.M	8.
3. Ayisha Hamildy	9.
4. <del>Jyothi</del> Jyothi Meenakshi K	10.
5.	11.
6.	12.



Principal  
W.M.O. Arts & Science College  
Muttill P.O., Thirissur - 680 122

*Hemalatha V*

**Smt. Hemalatha V**  
Sub Convener  
Calicut University Inter Collegiate  
Fencing (Men & Women)

**HEMALATHA V.**  
Assistant Professor & Head  
Department of Physical Education  
Vimala College  
Thirissur

## Inter zone fencing championship

## TABLE TENNIS

WMO ARTS AND SCIENCE COLLEGE MUTTIL		
DEPARTMENT OF PHYSICAL EDUCATION		
COLLEGE TABLE TENNIS TEAM 2019-20		
SL.NO	NAME	CLASS
1	HERIL JOHNY	B S C MATHEMATICS
2	SREEJITH	B S C MATHEMATICS
3	RAMSHAD. V	B S C MATHEMATICS
4	SARATH	B S C MATHEMATICS
5	MUJEEB RAHMAN	B S C MATHEMATICS

**MES MAMPAD COLLEGE (AUTONOMOUS)**  
Mampad college, P.O. Malappuram Kerala, India-676612  
 Ph:04931200207; 200511; 200754; www.mesmampad.org; info@mesmampad.org

**DEPARTMENT OF PHYSICAL EDUCATION**  
**DUTY CERTIFICATE AND PARTICIPATION CERTIFICATE**

This is to certified that... W.M.O. Arts & Science College  
 .....Men Table Tennis team comprising of 5.....members and  
 accompanied by Dr./Sri./Smt. Abhinav Kumar K.K  
 Assistant/Associate Professor in physical education has participated in the Calicut  
 university Inter zone Table Tennis championship 2019-20 held at MES Mampad College  
 Mampad on 14.12.2019 to 15.12.19.

It is further certified that no TA/DA or rent free accommodation was provided to the  
 members of team.

List of players.

1	HERIL JOHNY
2	Sreejith Matha
3	Ramshad V
4	Dilsheth Abhis
5	Mujeeb Rahman

Place: Mampad.  
 Date: 15/12/19.

*(Signature)*  
**CONVENER**  
**RAFEEK ERATHALI**  
ASSISTANT PROFESSOR AND H.C.D.  
 Dept. of Phys. Edu.,  
 M.E.S. Mampad College,  
 P.O. Mampad College - 676612,  
 Malappuram, Kerala

Principal  
*(Signature)*  
W.M.O. Arts & Science College  
 Muttill 2/3, Mampad - 673-122


PAID ON: .....

### Inter zone table tennis



## CRICKET

WMO ARTS AND SCIENCE COLLEGE MUTTIL		
DEPARTMENT OF PHYSICAL EDUCATION		
COLLEGE CRICKET TEAM 2019-20		
SL.NO	NAME	CLASS
1	MUHAMMED JASIM	B COM COOPERATION
2	MUHAMMED SHAHEER	B COM COOPERATION
3	SAJIR SHAHABAS	B COM COOPERATION
4	MUHAMMED ASIF	B COM COOPERATION
5	MUHAMMED MAHIR	B.Sc. PHYSICS
6	AKSHAY K M	B.Sc. PHYSICS
7	SABITH BASHEER	B COM COOPERATION
8	MUHAMMED SHIBILY	B.Sc. MATHS
9	SHAHEER	B.Sc. PHYSICS
10	MUHAMMED ASHIQUE	B A ARABIC
11	MUBASHIR C M	B.Sc. PHYSICS
12	ASHIQUE NOORUDHEEN	B.Sc. PHYSICS
13	ANSHAD	B.Sc. MATHS
14	NOUFAN	B COM COOPERATION
15	AJMAL	B A ARABIC



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Affiliated to the University of Calicut  
 DEPARTMENT OF PHYSICAL EDUCATION  
**DUTY/PARTICIPATION CERTIFICATE**

This is to Certify that.....*W.M.O. Arts & Science*.....

College participated in the Calicut University.....*A Zone Cricket*.....

Championship organized by St. Joseph's College, (Autonomous) Devagiri, Kozhikode  
 from *8-11-2019*..... to *12-11-2019*..... The team was accompanied by

Dr./Sri./Smt.....*Abhim Kumar K A*.....

.....Asst./ Associate professor as team manager.

Team consisted of.....*16*.....members.

Neither TA/DA nor rent free accommodation was provided to the students or to the  
 Manager by the Organizers.

Principal  
 W.M.O. Arts & Science College  
 Muttill P.O., Wayanad - 673 122

Fr. BONY AUGUSTINE  
Assistant Professor & Head  
 Department of Physical Education  
 St. Joseph's College (Autonomous)  
 Devagiri, Calicut - 673008

*[Signature]*  
**ORGANIZING SECRETARY**

**‘A’ Zone cricket championship**

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### 1. Extension Activities-Sharing of facilities with Society.

<b>SL. NO</b>	<b>DATE</b>	<b>ACTIVITY</b>	<b>CONCERNED AUTHORITY/PERSON</b>
1	18/01/2020	INTER STATE PHYSICALLY CHALLENGED CRICKET TOURNAMENT	WAYANAD DISTRICT CRICKET ASSOCIATION

In conclusion, the Physical Education Department at W.M.O. Arts & Science College played a significant role in promoting physical fitness, organizing athletic events, and providing excellent facilities for students to participate in various sports. The department's commitment to fostering sportsmanship and offering diverse opportunities for student engagement was evident through the successful annual athletic meet, intramural tournaments, collaborations with external organizations, and the achievements of students at the university and national levels.