

DEPARTMENT OF PHYSICAL EDUCATION WMO ARTS & SCIENCE COLLEGE "education and some more" Affiliated to University of Calicut

P.O. MUTTIL, WAYANAD, KERALA - 673122

(Aided by Govt. of Kerala)

DEPARTMENT OF PHYSICAL EDUCATION ANNUAL REPORT 2017-18

With great pleasure, we present the Annual Report of the Physical Education Department at WMO Arts and Science College, Muttil. Over the past year, our college has continued to provide outstanding sports facilities and opportunities for our students. We have strived to create an environment conducive to physical fitness and overall well-being with infrastructures such as a 400-meter track, football, volleyball, cricket, and shuttle courts.

Our college maintains teams for football, volleyball, cricket, athletics, wu-shu, and chess, enabling our students to participate and excel in various sports disciplines. During this academic year, we have organized various programs and activities. In the year under review, our football team proudly represented our college in the A zone matches conducted at Farook College from 19th October to 28th October 2017. The team has secured third position in the A-zone tournament.

In addition to external tournaments, our college also organized a series of intramural matches,

including football, volleyball, and cricket, which allowed students to showcase their talent and

foster healthy competition within our college community.

College Annual Sports Day, named "Praveg," was conducted on 14th March 2018. This event brought together our entire college community, celebrating the spirit of sportsmanship, friendship, trust, and mutual support. The event began with a march past, and approximately 800 students participated across 26 different events.

Our college's sports facilities have not only benefited our students but have also been utilized by local clubs, associations, and the general public. We believe in fostering a sense of inclusivity and community engagement through sports, and we are delighted to see the positive impact our facilities have made on the wider community.

Furthermore, our college's cricket pitch, built and maintained by the Kerala Cricket Association through an agreement signed on 10th October 2015, has enhanced the quality of cricket training

and matches for our college cricket team. They have also donated a cricket kit to the WMO College Cricket Team.

The details are listed here.

Sl	Name of the Event	Date	Number of Participation
No			_
1.	100MTR MEN	14/3/ 2018	30
2	100MTR WOMEN	14/3/2018	23
3	200MTR MEN	14/3/2018	35
4	200MTR WOMEN	14/3/2018	18
5	400MTR MEN	14/3/2018	27
6	400 MTR WOMEN	14/3/2018	24
7	800 MTR MEN	14/3/2018	31
8	800MTR WOMEN	14/3/2018	22
9	1500 WOMEN	14/3/2018	29
10	1500 MTR MEN	14/3/2018	39
11	4X100MTR RELAY MEN	14/3/2018	16
12	4X100MTR RELAY WOMEN	14/3/2018	16
13	4X400MTR RELAY MEN	14/3/2018	16
14	SHOT PUT MEN	14/3/ 2018	6
15	SHOT PUT WOMEN	14/3/2018	51
16	JAVELIN THROW MEN	14/3/2018	54
17	JAVELIN THROW WOMEN	14/3/2018	49
18	LONG JUMP MEN	14/3/2018	46
19	LONG JUMP WOMEN	14/3/2018	21
20	HIGH JUMP WOMEN	14/3/ 2018	15
21	HIGH JUMP MEN	14/3/ 2018	29
22	TRIPPLE JUMP MEN	14/3/2018	23
23	TRIPPLE JUMP WOMEN	14/3/2018	25
24	DISCUS THROW MEN	14/3/2018	34
25	DISCUS THROW WOMEN	14/3/2018	20
26			
27			
28			
	Total Participation		699

1. Annual athletic meet events

Sl.no	Events	1st		2nd	3rd	
1.	100MTR MEN	SANJU C S		ROBIN R	FAVAS P.K	
2.	100MTR WOMEN	PRABITHA V.P		DEEPA P.M	SNEHA.P	
3.	200MTR MEN	SANJU C S		AJMILA T A	ANAND A G	
4.	200MTR WOMEN	SARANYA P S		KAVYA P S	THASNEEM MOL P K	
5.	400MTR MEN	ASHIQ T .	A	ABISHAR M	ANFAL M	
6.	400 MTR WOMEN	KAVYA P	S	SHABANA PARVIN	MEERA KRISHNAN	
7.	800 MTR MEN	MOHAMMED R P K	ASHID	MUHAMMED JABIR	RAMEES MUHAMMED P	
8.	800MTR WOMEN	RAJESWAR		NASMA SHARMINA T	THASLEENA K M	
9.	1500 WOMEN	ANUSHA RA	AVI	KARTHIKA P N	ANKITHA VINOD	
10.	5000 MTR MEN	MUBASHIR	СМ	VISHNU K R	JASEEL P M	
11.	4X100MTR RELAY MEN	WHITE		GREEN	ORANGE	
12.	4X100MTR RELAY WOMEN	GREEN		WHITE	ORANGE	
13.	4X400MTR RELAY MEN	GREEN		ORANGE	WHITE	
14.	SHOT PUT MEN	VYSAKH S	В	DINIL T.M	AKSHAY K M	
15.	SHOT PUT WOMEN	SHAMNA SH	ERIN	SONA M R	JYOTHILAKSHMI M S	
16.	JAVELIN THROW MEN	BARJAS C K		MUHAMMED ANSAL	AKSHAI KUMAR	
17.	JAVELIN THROW WOMEN	HASHINA K A		IRFANA SHEEREEN	NISHANA ANHATH	
18.	LONG JUMP MEN	NUBAIS K M		WASSIM JAFFER	MUHAMMED MIDLAJ A C	
19	LONG JUMP WOMEN	RISHANA C S		NISHANA SHERIN	ANUSHA RAVI	
20	HIGH JUMP WOMEN	SHAMEELA N K		SAFOORA JAYAFAR T A	RASHEEDA K	
21	HIGH JUMP MEN	MUHAMMED RASMIL M		JANEESH M R	ABHIJITH R	
22	TRIPPLE JUMP MEN	SOORYA S		MUHAMMED SHIJILAS	ADHARSA V R	
23	TRIPPLE JUMP WOMEN	KAVYA P S		SHIBINA E	SHANIDA P M	
24	DISCUS THROW MEN	NOORUL HAKH P		ADHARSH M V	BASIL ELDHO	
25	DISCUS THROW WOMEN	SHABEEHA SHERIN A		NASEEHA P	HABEEBA EM	
	INDIVIDUAL CHAMPION WOMEN			KAVYA P S		
INDIVIDUAL CHAMPION MEN			SANJU C S			
WINNER			GREEN HOUSE			
NUMBER OF STUDENTS PARTICIPATED				699		









2. Intramurals

Sl No	Name of the Event	Dates	Number of Participation
	INTRAMURAL FOOTBALL	11,12, SEPTEMBER	120
1.	CHAMPIONSHIP	2017	
2	INTRAMURAL VOLLEYBALL	20,21 SEPTEMBER 2017	120
	CHAMPIONSHIP		
3	INTRAMURAL BADMINTON	4,5 OCTOBER 2017	35
	CHAMPIONSHIP		
	Total Participation		275

3. List of Sports events in the University level.

Sl.No	Name of the Event	No.of Students Participated	Date	Organizer
	A zone			
1	volleyball	12	20/09/2017	St. JOSEPH'S COLLEGE DEVAGIRI
	Inter zone			
2	volleyball	12	03/10/2017	St. JOSEPH'S COLLEGE DEVAGIRI
	A zone			
3	football	20	19/10/2017	FAROOK COLLEGE

4. College teams

FOOTBALL

WMO ARTS AND SCIENCE COLLEGE MUTTIL			
DEPARTMENT OF PHYSICAL EDUCATION			
COLLEGE FOOTBALL TEAM 2017-18			
SL.NO	NAME	CLASS	
1	MUHAMMED SHAHEER	BSC MATHEMATICS	
2	CLINT SEBASTIAN	BCA	
3	MUHAMMED ASHIF	BCA	
4	MUJEEB RAHMAN	BSC METHEMATICS	
5	ABDULLA HABEEB	BSC PHYSICS	
6	MUHAMMES ASIF	BCA	
7	MUHAMMED ASLAM	BCA	
8	NISHAD ISMAIL	B COM COOPERATION	
9	SINAN CM	B COM COOPERATION	
10	MUHAMMED ARSHAD PP	BCA	
11	VISHNU PRASAD	B COM COOPERATION	
12	NIZAM C K	BCA	
13	AJNAS M	B A ARABIC	
14	MUHAMMED ISMAYIL K A	B A ARABIC	
15	JIBIN VARGHEES	B COM COOPERATION	
16	RAHUL R V	B COM COOPERATION	
17	ANEESH RAHIM	BSC PHYSICS	
18	MUBASHIR C M	BSC PHYSICS	
19	FAVAS P K	B COM COOPERATION	
20	MUHAMMED ASHIQUE A	B COM COOPERATION	

DEPARTMENT OF PHYSICAL EDUCATIO FAROOK COLLEGE P.O. FAROOK COLLEGE Kozhikode, Kerala, india 673 632 Phone: 0091 - 495 - 2440660 E-mail: farcokcollege@sify.com 2440464, 2440595 Fax : 2440464 A COLLEGE WITH POTENTIAL FOR EXCELLENCE - IDENTIFIED BY THE UNIVERSITY GRANTS COMMISSION, NEW DELHI visit us ; www.farookcollege.in

DUTY CERTIFICATE

This is to certify that <u>W.M.O. Callage</u> <u>Mathil</u> college football team accompanied by Mr./Ms/Br. <u>A.b.h.M. Kumper is A</u> Assistant professor/Associate professor as manager/coach participated in the Calicut University' A' Zone football championship held at Farook College Kozhikode from <u>19</u> to 29 October 2017

No TA/DA or rent free accommodation was provided to the team

Farook College

SUB CONVENOR

Depertment d'Implicat Lord Farcoix College

Date



PRACTICE MATCH



JERSEY DISTRIBUTION



COACHING CAMP



TROPHY DISTRIBUTION



COACHING CAMP



PRACTICE MATCH

VOLLEYBALL

WMO ARTS AND SCIENCE COLLEGE MUTTIL				
	DEPARTMENT OF PHYSICAL EDUCATION			
	COLLEGE VOLLEYBALL TEAM 2017-18			
SL.NO	NAME	CLASS		
1	TWINCE SHAJI	МСОМ		
2	ASHIK KV	M COM		
3	ABIN V R	BSC ELECTRONICS		
4	RAHIM	BSC ELECTRONICS		
5	ATHUL	BSC ELECTRONICS		
6	ADARSH	BSC ELECTRONICS		
7	AKASH	BSC MATHEMATICS		
8	MUJEEB	BSC MATHEMATICS		
9	AJITH V S	B COM COOPERATION		
10	IRSHAD	МСОМ		
11	SREEHARI	BSC MATHEMATICS		
12	SOURAV	B COM COOPERATION		



COLLEGE VOLLEYBALL TEAM 2017-18

SL.	DATE	ACTIVITY	CONCERNED
NO			AUTHORITY/PERSON
1	19/05/2017	ALL INDIA FOOTBALL	WAYANAD DISTRICT
		FEDERATION D-LICENSE	FOOTBALL ASSOSIATION
		COACHES TRAINING COURSE	
2	13/09/2017	MUTTIL GRAMA PANCHAYATH	MUTTIL GRAMA
		KERALOLSAVAM	PANCHAYATH
3	20/10/2017	DISTRICT FOOTBALL TEAM	WAYANAD DISTRICT
		SELECTION	FOOTBALL ASSOSIATION
4	23/11/2017	DISTRICT CRICKET LEAGUE C	WAYANAD DISTRICT
		DIVISION	CRICKET ASSOCIATION
5	08/01/2018	CENTRAL SPORTS MEET	WAYANAD DISTRICT SPORTS
		(CBSC,ICSC,NAVODAYA)	COUNCIL
6	15/10/2018	SPORTS MEET	KERALA ACADEMY OF
			ENGINEERING
7	14/02/2018	FOOTBALL TRAINING SESSION	GOKULAM FOOTBALL CLUB
8	08/03/2018	CRICKET 'A' DIVISION MATCH	WAYANAD DISTRICT
			CRICKET ASSOCIATION
9	28/11/2018	CIVIL SERVICE PREMIER	WAYANAD DISTRICT
		LEAGUE CRICKET	CRICKET ASSOCIATION

5. Extension Activities-Sharing of facilities with Society.

NATIONAL SPORTS DAY CELIBRATION

The Department of Physical Education at W.M.O Arts and Science College Muttil organized a grand celebration on August 29th, 2017, in honor of National Sports Day. The highlight of the event was a mass run that aimed to promote fitness and a healthy lifestyle among the college students and staff. The event was marked by the presence of esteemed guests, including Kalpetta C.I. Abdul Rasheed, who flagged off the mass run, and the program's inauguration by Chairman P.P. Ali. The presence of esteemed guests, including Chairman P.P. Ali, Mr. Sibi Joseph, Mr. P. Najmudheen, and Mrs. Viji Paul, added to the event's prestige and provided valuable insights on various aspects of sports and physical education. The celebration served as a reminder of the college's commitment to promoting sports and nurturing young talent in the pursuit of excellence.







News about mass run

In conclusion, the past year has been filled with memorable achievements, remarkable performances, and the fostering of a vibrant sports culture at WMO Arts and Science College, Muttil. We express our gratitude to all the students, coaches, faculty, staff, and stakeholders who have contributed to the success of our physical education program. Mr Ajmal NP, the General Captain of the Student's Union, has played a pivotal role in successfully organizing various programs. Together, we look forward to another year of excellence in sports and the holistic development of our students.

Thank you.

Mr. Abhin Kumar Head, Physical Education Department