

# CRITERIA-1

# **CURRICULAR ASPECTS**

**1.3: Curriculum Enrichment** 

# 1.3.1: Institutional efforts to integrate Gender Parity into the curriculum.

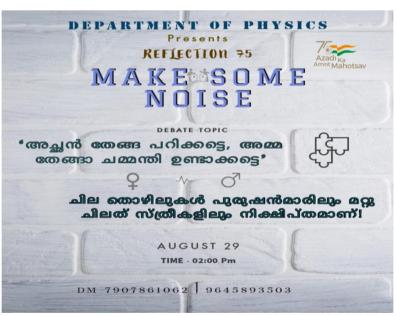
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# **GENDER PARITY**

# 2021-22

## INTERDEPARTMENTAL DEBATE COMPETITION



# FILM FESTIVAL CHAYAM 2022

The Mass Communication Department, in association with the Social Work Department powered by the Woman Cell, of WMO College, organized a captivating two-day Film Festival on the 8th and 9th of March 2022, in honor of International Women's Day. The festival showcased a collection of classic movies across three different screens simultaneously, providing attendees with a diverse cinematic experience. Following each screening, an open forum was conducted, inviting participants to engage in thoughtful discussions about the movies presented. The esteemed Dr. T P Muhammed Fareed, Principal of WMOC, inaugurated the program, setting a positive tone for the event. Among the remarkable films showcased during the festival were 'Lunchbox' and 'Dukhtar.' These films, known for their artistic brilliance and thought-provoking narratives, sparked meaningful discussions among the audience. Participants shared their insights, opinions, and personal experiences, further enriching the overall experience of the festival. The collaboration between the Mass Communication Department, the Social Work Department, and the Woman Cell was instrumental in bringing together a diverse range of perspectives and promoting dialogue on pressing gender-related issues. Through the Film Festival, the organizers successfully created a space for critical thinking and reflection, encouraging attendees to reevaluate societal norms and work towards a more inclusive future.



# **KOMUNITA**

The Department of Social Work organized an empowering celebration of freedom in collaboration with various communities from 10th August 2022 to 30th August 2022. A group of dedicated social work trainees spearheaded this initiative, delivering nine distinct programs across different communities in Wayanad. The aim was to foster a sense of unity, awareness, and empowerment among the participants. These programs encompassed a wide range of activities, including workshops on education and skill development, health and hygiene awareness campaigns, environmental conservation drives, and cultural events that celebrated the rich diversity of the region. Through their efforts, the social work trainees successfully created an inclusive platform that nurtured community engagement, strengthened bonds, and encouraged individuals to embrace their rights and freedoms. The celebration of freedom served as a significant milestone in the Department of Social Work's commitment to social transformation and upliftment.



# NOOL KORKKAM KOODORUKKAN

On 30th August 2022, an orientation class took place in Padapuram colony at Puzhamudi, under the Kalpetta municipality, targeting drop-out students and women in the tribal community. The purpose of this class was to provide guidance and support for starting a new venture. Recognizing the need for economic empowerment and self-sufficiency among the community members, a tailoring initiative was launched with the assistance of Kudumbashree. The objective was to create a viable source of income for individuals who were unable to complete their studies. By imparting tailoring skills, the initiative aimed to equip participants with the means to generate income and improve their livelihoods. This program not only addressed the economic challenges faced by the community but also fostered a sense of empowerment and encouraged self-reliance among the drop-out students and women in the tribal community of Padapuram.





## **SURAKSHA**

On 21st August 2022, social work students organized an enlightening awareness class on "Cyber Security" for children, titled 'SURAKSHA,' in Thirunelli Panchayat. The primary objective of these programs was to educate and raise awareness among adolescents regarding the growing use of mobile devices, along with the associated risks and potential crimes. The students delved into various aspects of cyber security, covering topics such as the disadvantages of excessive mobile usage, cyber-related laws, and the corresponding legal consequences. By imparting this knowledge, the aim was to equip children with the necessary skills to navigate the digital world safely and responsibly. The 'SURAKSHA' program conducted by the social work students played a crucial role in empowering children in Thirunelli Panchayat with the understanding of cyber security, helping them make informed decisions and avoid potential dangers online.



## **MUNDITES**

On 27th August 2022, the students of the Social Work Department organized a program called Mundites at Shreepuram Anganavadi. The program had a specific focus on promoting sustainable methods for menstrual hygiene management. Recognizing the importance of environmentally friendly practices, the students conducted an awareness program to educate participants about the benefits of replacing traditional sanitary pads with eco-friendly menstrual products. By highlighting the advantages of using sustainable alternatives, such as menstrual cups, reusable cloth pads, or biodegradable options, the program aimed to empower individuals to make informed choices that are not only beneficial for their own health but also for the environment. Through Mundites, the students of the Social Work Department actively contributed to creating awareness and promoting sustainable menstrual hygiene practices within the community.





## **MATILDA**

The Department of Social Work, in collaboration with the Women Cell and WMO Arts and Science College, organized a program called "MATILDA" as part of the International Day for the Elimination of Violence against Women on 25th November 2022. The program encompassed various activities aimed at raising awareness and promoting gender equality. One of the highlights was an orientation session on legal awareness conducted by Advocate Faiz Puthoor, providing valuable insights into legal rights and protections for women. Additionally, the program featured an event called "MELANGE," showcasing artistic expressions that addressed the theme of violence against women. To engage the community further, a face painting competition and MIME ACT were organized at Muttil bus stand and the college campus, respectively. These activities served as powerful mediums to convey important messages about women's rights, empowerment, and the urgent need to eliminate violence. Through the collaborative efforts of the Department of Social Work, the Women Cell, and WMO Arts and Science College, the "MATILDA" program successfully contributed to the global movement against gender-based violence.







## MEET A WOMEN ENTREPRENEUR

The Women Cell organized a remarkable initiative, the Women Entrepreneur Development Programme, known as "Meet a Women Entrepreneur," on the 26th of August, 2022. This event aimed to empower and equip girl students with the necessary entrepreneurial skills while motivating them to embark on their own business ventures. The session was inaugurated and led by the esteemed Ms. Lilly Mathew, the Managing Director of Lilly Farms located in Mananthavady. With her wealth of experience and expertise in the entrepreneurial realm, Ms. Mathew provided invaluable insights, guidance, and inspiration to the participants. The programme served as a platform for aspiring young women to connect, learn, and gain confidence in their potential to become successful entrepreneurs. Through this event, the Women Cell fostered an environment that encouraged women to seize opportunities, overcome challenges, and pave the way for their entrepreneurial journeys.





## SEMINAR ON ADORN YOUR PERSONALITY

The Women Cell and Kerala State Women's Development Corporation (KSWDC) joined forces to organize an enlightening seminar titled "Adorn Your Personality" for the girl students of the WMOC. The event, which took place on the 25th of November, 2021, aimed to empower and enhance the personal development of these young women. The seminar featured Mr. Shanavas A K, a renowned life coach and motivational speaker, as the resource person. With his expertise and charisma, Mr. Shanavas guided the participants on various aspects of personality development, providing valuable insights and practical tips. The seminar saw an enthusiastic participation of 50 students, who actively engaged in discussions, activities, and interactive sessions. Through this collaborative effort, the Women Cell and KSWDC created an empowering platform for these young women, encouraging them to embrace their unique qualities and build a strong foundation for personal and professional success.

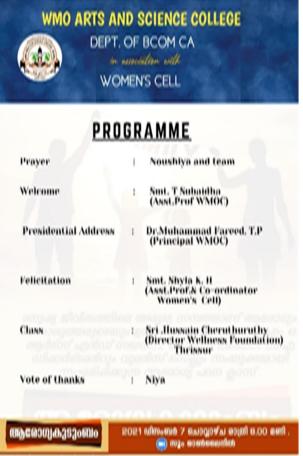




# **WEBINAR - HEALTHY FAMILY**

The Women Cell, in collaboration with the Department of B Com CA, organized an insightful webinar on the topic "Healthy Family" using the Zoom platform. The webinar, held on the 7th of December 2021, aimed to educate and raise awareness about the significance of maintaining a healthy and harmonious family life. The esteemed resource person for the event was Sri. Hussain Cheruthuruthi, the Director of the Wellness Foundation based in Thrissur. With his extensive knowledge and expertise in the field, Mr. Hussain provided valuable insights and practical tips on fostering healthy relationships, effective communication, and maintaining overall well-being within the family unit. The webinar witnessed an impressive participation of 76 students, who actively engaged in the session by asking questions and sharing their experiences. Through this collaborative effort, the Women Cell and the Department of B Com CA created a platform for students to gain valuable knowledge and tools to promote a healthy and happy family life.





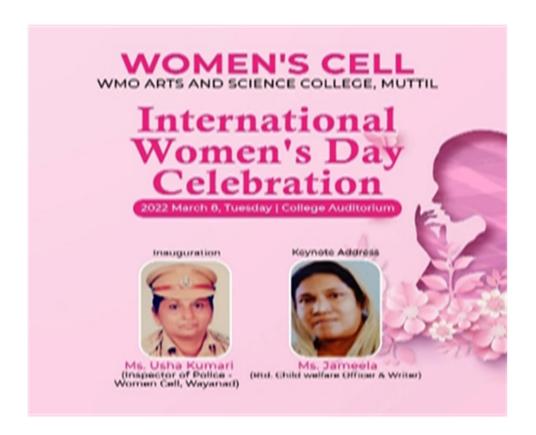
# WEBINAR ON PRE-MARITAL COUNSELLING

The Women Cell organized a highly informative webinar on the topic of pre-marital counseling, recognizing the importance of promoting healthy relationships and ensuring a strong foundation for marriages. The program took place on the 16th of February 2022, and it aimed to equip participants with essential knowledge and guidance for a successful married life. The esteemed Ms. Thara, a member of the Kerala Vanitha Commission, inaugurated the program, highlighting the significance of pre-marital counseling in addressing potential challenges and fostering understanding between partners. Dr. MM Basheer, a retired District Medical Officer (DMO), served as the keynote speaker for the event. With his expertise and experience, Dr. Basheer shed light on various aspects of pre-marital counseling, emphasizing effective communication, conflict resolution, and building a strong emotional bond. The webinar provided a valuable platform for individuals to gain insights and strategies to navigate the complexities of marriage, ensuring a healthy and fulfilling journey together.



# INTERNATIONAL WOMEN'S DAY CELEBRATION

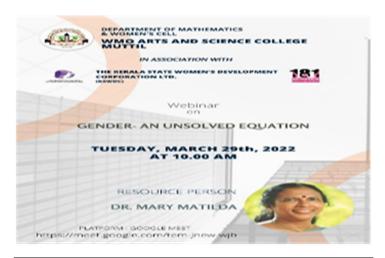
On the 8th of March, 2022, the Women Cell celebrated International Women's Day with great enthusiasm. The program served as a platform to honor and empower women while also raising awareness about gender equality and women's rights. The event commenced with the esteemed presence of Ms. Ushakumari, an Inspector of Police from the Women Cell in Wayanad. Her role and position symbolized the strength and resilience of women in law enforcement, inspiring the participants with her remarkable journey. The program further featured an enlightening talk by Ms. Jameela. M, a retired Child Welfare Officer and accomplished writer. Ms. Jameela shared her valuable insights and experiences, urging the participants to break barriers, pursue their dreams, and make meaningful contributions to society. The celebration witnessed an impressive turnout, with 136 students actively engaging in the event, demonstrating their commitment to the cause. Through this empowering program, the Women Cell encouraged young women to strive for excellence, embrace their unique qualities, and actively participate in building a more inclusive and equitable society for all.



# WEBINAR ON 'GENDER - AN UNSOLVED EQUATION'

The Department of Mathematics organized a thought-provoking webinar titled 'Gender - An Unsolved Equation' on the 29th of March, 2022. The webinar aimed to explore the complexities and challenges surrounding gender issues in society. Dr. Mary Matilda, a highly esteemed retired Special Grade Principal from Maharajas College, Ernakulam, served as the resource person for the event. Her vast knowledge and expertise shed light on the various aspects of gender inequality and the need for its resolution. The webinar was inaugurated by Principal Dr. T P Muhammed Fareed, who emphasized the importance of addressing gender disparities. A total of 120 enthusiastic participants actively engaged in the webinar, appreciating the program's content and insights. To reach a wider audience, the webinar was uploaded to YouTube, allowing for broader dissemination of the knowledge and discussions on the subject. Through this event, the Department of Mathematics fostered awareness, understanding, and dialogue around gender issues, striving for a more equitable and inclusive society.

( youtube link :- <a href="https://youtu.be/xqrRDKlgr-c">https://youtu.be/xqrRDKlgr-c</a>)





# AWARENESS CLASS ON GENDER SENSITIZATION

The Women Cell and Women Child Development Office in Wayanad collaborated to conduct an enlightening awareness class on 'gender sensitization' on the 11th of September, 2021. The program aimed to create a deeper understanding and sensitivity towards gender-related issues. The program was inaugurated by Ms. Usha Kumari, the CI Women Cell Kalpetta, highlighting the importance of promoting gender equality and inclusivity. The class featured talks by esteemed speakers, Adv. Babitha .G and Adv. K. Moidu, who shared their expertise and knowledge on the subject. Their discussions shed light on the challenges faced by different genders and emphasized the need for creating a more equitable and respectful society. By organizing this awareness class, the Women Cell and Women Child Development Office provided a platform to educate and sensitize individuals on gender-related matters, fostering a culture of equality and respect for all.



# WEBINAR ON 'WOMEN IDENTITY, PROTECTION & RIGHTS'

On the 8th of February 2022, the Women Cell organized a compelling webinar on "Women Identity, Protection & Rights." The session aimed to address important issues surrounding women's identities, their need for protection, and the awareness of their rights. The resource person for this enlightening webinar was Adv. Babitha G., a respected advocate who specializes in women's rights. The event witnessed an enthusiastic participation of 45 students who eagerly engaged in discussions and sought valuable insights from Adv. Babitha G. Her expertise shed light on various aspects such as women's multifaceted identities, strategies for personal protection, and the legal framework for safeguarding their rights. The Women Cell is delighted with the active involvement of the students and extends its appreciation to Adv. Babitha G. for her invaluable contribution in empowering the participants with knowledge and awareness on these crucial topics.



# INVITED TALK ON WOMEN EMPOWERMENT

Department of chemistry organised a talk on women empowerment on 8<sup>th</sup> march as a part of international women's day celebration. Resource person was Dr. A.S. Maheswari (HoD, Department of zoology). Theme of the day was "Gender equality today for a sustainable tomorrow". 30 students participated.

# SEXUAL EXPLOITATION TOWARDS BOYS

On the 6th of July 2022, an impactful awareness camp focusing on the issue of sexual exploitation towards boys was held. The camp took the form of an online session and was organized by Equations, an esteemed NGO based in Bangalore. The session aimed to educate participants about the prevalent issue of sexual exploitation faced by boys and provide them with tools and knowledge to address it effectively. The session was facilitated by Mr. Suhotra Biswas, who brought his expertise and experience to shed light on understanding the complexities of sexual exploitation towards boys. Through the session, participants gained a deeper understanding of the issue and learned important strategies to address and prevent such exploitation. The camp served as a crucial step in raising awareness and empowering individuals to take action against this form of abuse. The efforts of Equations and Mr. Suhotra Biswas in organizing this camp are commendable, as they continue to work towards a safer and more inclusive society for all.





# THE GLORY 2K22 - FILM FEST ON LGBTQ

The highly anticipated film fest, "The Glory 2k22," organized by the Department of English, took place on 28th June 2022 at the esteemed Dialogue Hall. This event aimed to celebrate and foster discussions surrounding the LGBTQ community through the power of cinema. The festival showcased three thought-provoking films, carefully selected to explore various aspects of LGBTQ experiences. Program coordination was skillfully handled by Ms. Syamina, ensuring a seamless and engaging event for the 150 students in attendance. The featured films included "The Danish Girl," which delved into the transformative journey of a transgender artist, "Moothon," a poignant tale of self-discovery set against the backdrop of Mumbai's underbelly, and "Margaritta with a Straw," which beautifully portrayed a young woman's exploration of her own sexuality. From 9:30 am to 4:30 pm, the audience was captivated by these remarkable films, leaving them inspired and enlightened about the diverse narratives within the LGBTQ community.



# PANEL DISCUSSION ON LGBTQ+

In a significant endeavor to enhance gender awareness and identity in a multi-cultural society, the final year undergraduate students of the English department (2019-23 batches) organized a thought-provoking panel discussion on LGBTQ+. The event aimed to foster understanding and inclusivity towards the LGBTQ community. The panel members, comprising of the students themselves, presented compelling arguments and viewpoints on various aspects of LGBTQ issues. The discussion proved to be fruitful as participants engaged in meaningful exchanges, highlighting the strategies and measures necessary to protect and support marginalized gender identities within society. With a total of 40 participants, this panel discussion served as a platform for learning, dialogue, and social progress, empowering the students to actively advocate for equality and acceptance of diverse gender identities.





# INTERACTION SESSION WITH DIRECTOR LEELA

The Department of English organized a highly insightful interaction session with Ms. Leela, a renowned film director, aimed at enhancing the movie-making experience of an Adivasi woman who bravely undertook the challenges of showcasing the diverse scenarios of Karinthandan. This interaction proved to be an invaluable opportunity for the students to gain a deeper understanding of the tremendous human effort and hardship involved in the process of filmmaking. Ms. Leela shared her experiences and expertise, shedding light on various aspects of storytelling and the technicalities of filmmaking. The session not only enriched the students' knowledge of the craft but also provided them with a profound appreciation for the determination and resilience displayed by the Adivasi woman in bringing her story to the screen. By witnessing the challenges faced by the Adivasi woman and the dedication required to overcome them, the students were able to comprehend the significance of human effort and perseverance in the pursuit of creative endeavors.



# 2020-21

# A TALK ON WOMEN IN SCIENCE

The Physics department organized a captivating talk on "Women in Science" by Dr. Resmi Lekshmi, from the Department of Earth & Space Sciences at IIST, Thiruvananthapuram. The talk took place on the 20th of June 2020 through a Google Meet session. Dr. Resmi Lekshmi provided an exhilarating insight into the remarkable contributions and achievements of women in the field of science. She highlighted the significant breakthroughs made by women scientists throughout history and their invaluable role in shaping the scientific landscape. Additionally, Dr. Resmi Lekshmi focused on the current opportunities emerging in the field of science, encouraging the students to pursue their passion and embrace the vast potential that the scientific community offers. The talk served as an inspiring platform for students to learn about the experiences and successes of women in science and motivated them to explore the limitless possibilities in the scientific realm. The Physics department deserves commendation for organizing such an enlightening session, promoting gender equality and empowering students to pursue their aspirations in the field of science.



# COMMEMORATION OF NATIONAL GIRL CHILD DAY

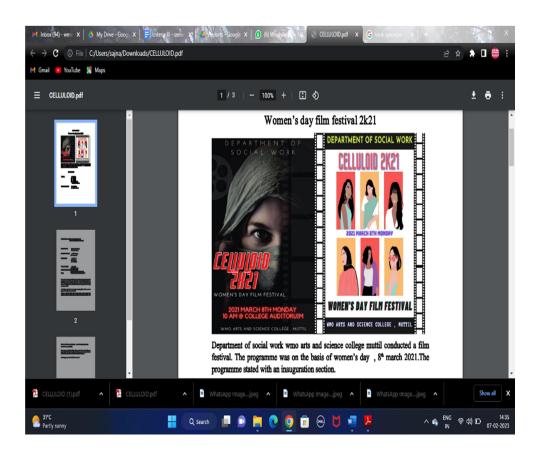
The Department of Social Work organized a significant program in commemoration of National Girl Child Day on the 24th of January 2021. The event was inaugurated by Dr. Balprit Singh, Assistant Collector of Wayanad District, and was conducted in collaboration with the WCD Department of Wayanad. With a focus on girl education, equality in opportunities, nutrition, and other related aspects, the program aimed to raise awareness and advocate for the rights and wellbeing of girl children. Social work students played an active role by organizing flash mobs and utilizing informative IEC materials such as placards to spread awareness about the importance of these issues. The program served as a platform to highlight the significance of empowering girl children, promoting their education, and ensuring equal opportunities for their growth and development. The Department of Social Work, in collaboration with the WCD Department, deserves recognition for their efforts in creating a meaningful program to celebrate National Girl Child Day and contribute to the welfare of girl children in Wayanad.





## **CELLULOID**

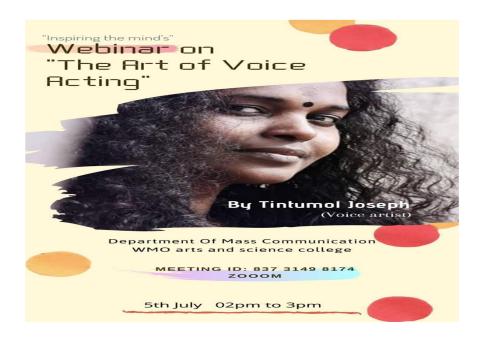
The Department of Social Work organized a remarkable program called "Celluloid" on the 8th of March 2021. The program encompassed a Film Festival and an Awareness Campaign on women's protection. Adv. Glori George, a prominent advocate, served as the resource person for the event. A total of 268 members actively participated in the program, including students and faculty. Adv. Glori George conducted an interactive session with the students, focusing on the crucial topics of "Women's Rights and Gender Equality." The program also featured the screening of two thought-provoking films, namely 'Aruvi' and 'Water,' during the Film Festival. Following the screenings, engaging discussions were held to delve into the themes and messages portrayed in the films. The Celluloid program proved to be an effective platform for raising awareness about women's protection and promoting gender equality. The Department of Social Work is commended for their efforts in organizing such an enlightening and impactful event, providing students with valuable insights and fostering meaningful discussions on important social issues.



# THE ART OF VOICE ACTING (WEBINAR)

The Department of Mass Communication, in collaboration with INSPIRING THE MINDS, organized an insightful webinar titled "The Art of Voice Acting." The session was conducted by Tintumol Joseph, a renowned Voice Artist, who shared her success journey and the dedication she invested in achieving greater heights in her career. The webinar, which took place on the 5th of July 2020 at 02.00PM, was conducted seamlessly through the Zoom platform, allowing for easy accessibility for the participants. A total of 65 students actively participated in the session, eager to learn from Tintumol Joseph's experiences and expertise in the field of voice acting. Her valuable insights and practical tips provided the students with a comprehensive understanding of the art form, while also inspiring them to pursue their passions and work hard towards their goals. The Department of Mass Communication, along with INSPIRING THE MINDS, is commended for organizing such an informative webinar, which provided students with valuable guidance and motivation in their journey towards a career in voice acting.

https://us02web.zoom.us/j/83731498174



# WOMEN'S DAY SPECIAL PROGRAMME

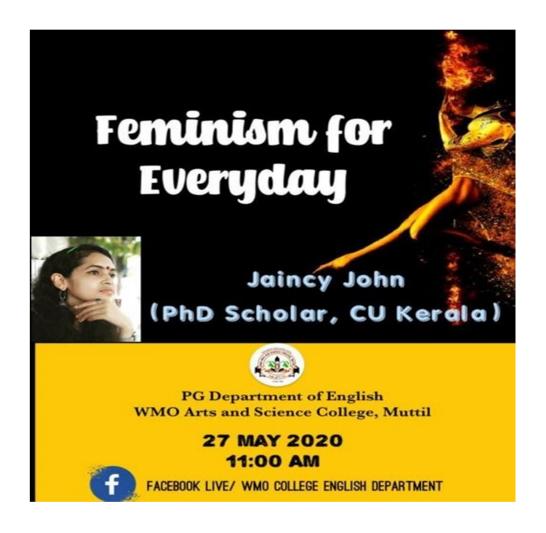
Mass communication department conducted a Women's day special programme on 7th March 2021.

https://www.youtube.com/watch?v=9hkSwEAt0y8

# NATIONAL WEBINAR ON FEMINISM FOR EVERY DAY

The English Department conducted a significant national webinar on "Feminism for Everyday" on Monday, the 4th of January 2021. The live talk was delivered by Ms. Jaincy John, a PhD Scholar from CU Kerala, through the department's Facebook page. The webinar aimed to shed light on the relevance and application of feminism in everyday life. With a total of 50 students actively participating in the session, the talk provided valuable insights into feminist ideologies and their practical implications. Mr. Jaincy John's expertise and engaging discourse empowered the students to critically analyze societal norms and advocate for gender equality. The English Department is applauded for organizing this enlightening webinar, which played a pivotal role in fostering awareness and understanding of feminism among the participants.

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# WOMEN CELL INAUGURATION

The inauguration of the Women's Cell took place on Saturday, the 27th of February 2021, at 7:30 PM. Resource person was Adv. Sujitha Varma. This event marked the beginning of an important initiative to promote women's rights and empower women within the institution. The inauguration ceremony served as an opportunity to introduce the members of the Women's Cell and outline their objectives and responsibilities. It aimed to create a platform for addressing gender-related issues, fostering gender equality, and providing support and resources for women in various aspects of their lives. The Women's Cell inauguration signifies the commitment of the institution towards promoting a safe, inclusive, and empowering environment for women.



# MOTHER'S DAY CELEBRATION

The NCC Unit of WMO Arts and Science College, Muttil, celebrated Mother's Day on the 9th of May 2021. The occasion was marked by organizing a letter writing and drawing competition centered on the theme of Mother's Day. The event aimed to provide a platform for students to express their love, gratitude, and appreciation towards their mothers through heartfelt letters and creative drawings. Participants showcased their artistic skills and expressed their feelings for their mothers in unique and touching ways. This celebration of Mother's Day by the NCC Unit highlighted the importance of acknowledging and honoring the selfless love and sacrifices of mothers. It served as a meaningful opportunity for students to express their love and gratitude towards their mothers, making it a memorable and heartwarming event.





# 2019-20

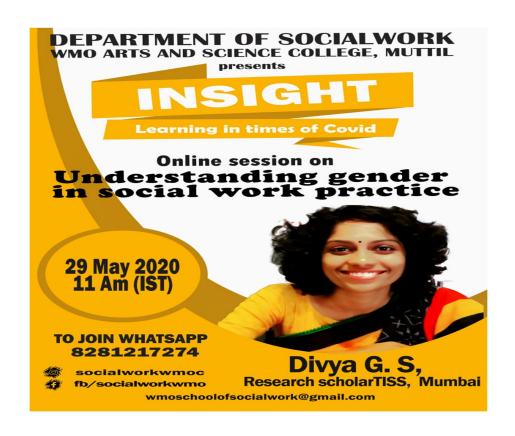
# INTERNATIONAL WOMEN'S DAY CELEBRATION

The Women Cell of the organization joyously celebrated International Women's Day on 9th March 2020. The event was filled with enthusiasm and empowerment as women from different walks of life came together to commemorate this significant occasion. The Women Cell invited two esteemed Resource Persons to share their knowledge and insights. Ms. Bindu S, the District Panchayat Vice President, graced the event with her presence and delivered an inspiring speech on the importance of women's rights and the need for gender equality. Her words resonated with the audience, igniting a sense of unity and determination. Additionally, Ms. Reni Anna, an Assistant Professor in the Department of History at St. Mary's College, Sulthan Bathery, brought her expertise to the event. She enlightened the attendees with her profound knowledge of women's history and the struggles faced by women throughout the ages. The presence and contributions of these remarkable women created an empowering atmosphere, reminding everyone of the strength and resilience of women in society. The International Women's Day celebration organized by the Women Cell left a lasting impact, encouraging participants to continue championing women's rights and striving for a more inclusive and equal world.



# UNDERSTANDING GENDER IN SOCIAL WORK PRACTICE

The Department of Social Work arranged a highly informative and engaging online session on "Understanding gender in social work practice" on May 29, 2020, at 11.00 AM. This session aimed to shed light on the intricate dynamics of gender within the field of social work. Ms. Divya G. S, a research scholar hailing from TISS, Mumbai, took charge as the session's leader. With her extensive knowledge and expertise, she captivated the participants with her insightful presentation. Ms. Divya G. S delved into various aspects of gender, addressing its societal constructs, biases, and challenges. She emphasized the significance of incorporating a gender-sensitive approach in social work practice to ensure equal opportunities and justice for all individuals. The session provided a platform for meaningful discussions and interactive exchanges, allowing participants to deepen their understanding of gender-related issues and explore effective strategies for promoting inclusivity and gender equality within their professional work. The Department of Social Work's initiative to organize this online session demonstrated their commitment to fostering knowledge and awareness in the field while equipping social workers with the necessary tools to create positive change in society



# RURAL WOMEN'S DAY CELEBRATION

The Department of Social Work commemorated Rural Women's Day on October 15th, 2019, with great enthusiasm and respect. The event commenced with a warm welcome speech delivered by Ms. Sayana, an esteemed Assistant Professor of the Social Work Department. Her words set the tone for the day, acknowledging the invaluable contributions of rural women and emphasizing the importance of their empowerment. Following the welcome address, Ms. Noorjahan, the Head of the Department of Social Work, delivered a heartfelt presidential address, highlighting the significance of recognizing and celebrating the achievements of rural women in society. To inaugurate the program, Dr. T P Muhammad Fareed, the Principal of WMOC, graced the occasion with his presence. To further enrich the program, Ms. Thankamani and Ms. Thankamani V, renowned resource persons from Kudumbasree, interacted with the students and shared their inspiring life stories and remarkable achievements. Their narratives served as a source of motivation and encouragement for the students, showcasing the strength, resilience, and determination of rural women in overcoming challenges and making significant contributions to their communities.



# WOMEN ENTREPRENEURSHIP PROGRAMME

Women entrepreneurship programme for women in the neighborhood community Aduvadi. The department of social work organized a meeting for women in the neighborhood community. The meeting decided to form a self-help group. The self-help group formed with 35 members on 16/10/2019. The department organized a bag making training programme in collaboration with RSETI (Govt of India). The training programme started on 7th January 2020 for SHG members. After a 13 days training programme, the members of the self-help group arranged an exhibition and sale in college campus. The programme was inaugurated by Principal Dr. T P Muhammad Fareed, 10 self-help group members turned into entrepreneurs with support of the Department of social work and college management. On March first, they opened a new bag making shop near the college campus.



# INTERNATIONAL GIRL CHILD DAY CELEBRATED

The Women Cell enthusiastically celebrated International Girl Child Day and marked the inauguration of Women's Cell activities on October 11, 2019, in the Seminar Hall. The event was made even more special as it was graced by the presence of Ms. Leela Santhosh, a renowned Film Director, who inaugurated the program. Her presence added a touch of prestige and inspiration to the occasion. Additionally, Ms. Sruthi Krishna, a distinguished research scholar, delivered an impactful talk on women empowerment. Her speech shed light on the importance of empowering girls and women, emphasizing the need for equal opportunities and gender equality in all spheres of life. Ms. Sruthi Krishna's insights and expertise captivated the audience, leaving a lasting impact and motivating them to take concrete steps towards empowering girls and women in their personal and professional lives. The celebration of International Girl Child Day and the inauguration of Women's Cell activities by the Women Cell created a platform for awareness and action. It emphasized the significance of supporting and uplifting girls and women, encouraging participants to actively contribute to their empowerment and well-being. The event served as a reminder of the potential and strength inherent in every girl child, inspiring everyone to work towards creating a more inclusive and equal society.





# CELEBRATING THE WOMANHOOD

The Women Cell, in collaboration with the National Service Scheme (NSS), organized a significant gender awareness program called "Celebrating the Womanhood" on the 23rd of November 2019. The event aimed to empower and educate students about gender issues and foster a sense of equality and respect for women in society. The program witnessed the participation of 73 enthusiastic students who eagerly engaged in the activities and discussions. Leading the program were distinguished resource persons, Catherine Elisa John, Riya Esha, and Mansoor Ali, who brought their expertise and experiences to enlighten the participants. Through interactive sessions, thought-provoking talks, and engaging workshops, the event successfully highlighted the importance of embracing and appreciating the role of women in society. The Women Cell and NSS left no stone unturned in ensuring a positive and impactful learning experience, leaving the participants inspired and motivated to promote gender equality and celebrate the invaluable contributions of women in every sphere of life.





## SEMINAR ON WOMEN AND HEALTH

On the 19th of February 2020, the Women Cell and Kerala State Women's Development Corporation (KSWDC) jointly organized a seminar on "Women and Health." The event aimed to raise awareness about various health issues faced by women and promote their overall well-being. The seminar proved to be an insightful and empowering session, thanks to the presence of the esteemed resource person, Dr. Noori Khalid, an accomplished medical professional holding an MBBS and MS (DBG) degree. Dr. Khalid's expertise and knowledge added immense value to the seminar, as she shed light on important topics such as reproductive health, mental well-being, and preventive care specific to women. The event witnessed an active participation of 120 students who eagerly absorbed the information and actively engaged in discussions. Through this seminar, the Women Cell and KSWDC successfully fostered a sense of responsibility towards women's health and encouraged the participants to prioritize their well-being. Overall, the seminar on "Women and Health" served as a significant step towards promoting awareness and empowering women to take charge of their health.





#### SELF-DEFENSE AWARENESS PROGRAMME FOR GIRLS

On the 27th of February 2020, the Women Cell and Kerala State Women's Development Corporation (KSWDC) collaborated to conduct a self-defense awareness program. The program focused on equipping women with essential self-defense skills and knowledge to enhance their personal safety. Led by a team from the police women cell, the program aimed to empower participants and build their confidence in handling challenging situations. A total of 48 students enthusiastically participated in the program, actively engaging in demonstrations, practical exercises, and informative discussions. The program provided valuable insights into self-defense techniques, situational awareness, and effective communication strategies. By organizing this awareness program, the Women Cell and KSWDC demonstrated their commitment to promoting women's safety and empowerment. The participants gained practical skills and knowledge that can help them navigate potential risks and protect themselves in various environments. The self-defense awareness program proved to be an important step in empowering women and fostering a safer community.





#### SEMINAR ON HEALTHY RELATIONSHIP AND SOCIAL SKILL DEVELOPMENT

The Women Cell and Kerala State Women's Development Corporation (KSWDC) organized a seminar on Healthy Relationship and Social Skill Development on the 4th of March 2020. The seminar aimed to educate and empower students on building healthy relationships and developing essential social skills. Mr. Kurian Jose, a respected expert in the field, served as the resource person for the event. With his vast knowledge and experience, Mr. Jose guided the participants through insightful discussions and engaging activities. The seminar emphasized the importance of fostering positive relationships, effective communication, conflict resolution, and empathy. A total of 90 students actively participated in the seminar, eagerly absorbing the valuable lessons and practical tips provided. By organizing this event, the Women Cell and KSWDC demonstrated their commitment to promoting healthy relationships and social skills among young individuals. The seminar not only equipped the participants with important life skills but also inspired them to cultivate positive and meaningful connections with others.





#### INTERNATIONAL WOMEN'S DAY CELEBRATION

The Women Cell celebrated International Women's Day on the 10th of March 2020 with great enthusiasm and passion. The program commenced with the honorable presence of Ms. Kumbha, the winner of Mathrubhumi She News, who inaugurated the event. The celebrations aimed to honor and acknowledge the achievements and contributions of women in various spheres of life. A total of 76 students actively participated in the event, showcasing their support and solidarity for women's empowerment. The program featured a series of engaging activities, including inspiring speeches, cultural performances, and interactive sessions that highlighted the significance of gender equality and women's rights. By celebrating International Women's Day, the Women Cell demonstrated their commitment to promoting gender equality and empowering women. The event served as a platform to inspire and motivate the participants to recognize the invaluable role that women play in society and work towards creating a more inclusive and equitable world for all.





#### JUSTICE FOR VALAYAR SISTERS: STUDENTS UNITE

On November 1, 2019, the postgraduate students of WMO Arts and Science College organized a powerful procession demanding justice for the Valayar sisters. The participants passionately took to the streets, wearing blindfolds and holding placards advocating for justice. The procession served as a powerful symbol to draw attention to the recent developments in the Valayar sisters' case, highlighting the urgent need for justice to prevail. Through their silent protest, the students aimed to raise awareness and emphasize the collective responsibility of society to stand against such heinous atrocities. Their united voice echoed the call for justice and served as a reminder that it is crucial to fight against any form of injustice. The procession organized by the postgraduate students of WMO Arts and Science College showcased their commitment to creating a society where everyone is treated with fairness and dignity.





# 2018-19

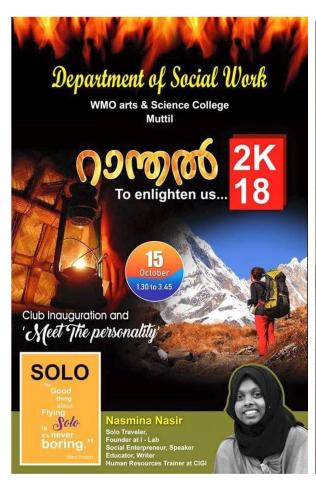
### INTERNATIONAL GIRL CHILD DAY CELEBRATION

The Women Cell of WMO College celebrated International Girl Child Day and marked the inauguration of their activities on the 11th of October 2018. The event took place in the Seminar Hall, where Dr. Alice, a renowned expert in the field, had the honor of inaugurating the program. Dr. Alice, in her address, focused on creating awareness about health and hygiene among the participants. The event witnessed the enthusiastic participation of 90 students who actively engaged in the program. The celebration of International Girl Child Day aimed to shed light on the challenges faced by girls and promote gender equality. Through this event, the Women Cell demonstrated its commitment to empowering and supporting girls in their personal and academic growth. The inauguration of Women's Cell activities further emphasized the importance of creating a safe and inclusive environment for women within the college community. The participation of the students showcased their dedication to actively contribute to the initiatives of the Women Cell. Overall, the event served as a significant step towards promoting awareness, empowering women, and fostering a supportive environment within the college campus.



#### RANTAL CLUB

The Rantal Club, initiated by the Department of Social Work, has a noble objective of acquainting the college community with unfamiliar, unexplored, and often overlooked individuals, events, organizations, books, and films. Its inception took place on the 15th of October 2018, with the esteemed presence of Dr. T P Muhammed Fareed, the principal of the college, who inaugurated the club. Coinciding with this momentous occasion, the department also arranged an engaging session called 'Meet the Personality.' This event provided an opportunity for the students and faculty to interact with Ms. Nasmina Nasar, a remarkable woman who not only founded i-lab but also ventured as a solo traveler. Through the Rantal Club and events like 'Meet the Personality,' the department endeavors to shed light on these hidden gems, broadening horizons and fostering a culture of appreciation for the lesser-known aspects of our world.





#### INVITED TALK ON KERALA WOMEN IN PAST AND PRESENT

On January 31, 2019, the Women Cell organized an insightful talk on the topic "Kerala Women in Past and Present." The session was expertly conducted by Ms. Asiya Teacher from GHSS Panamkandy, who brought her wealth of knowledge and experience to the discussion. The event also had the privilege of hosting Mr. Sisily, the Child Officer from Muttil Panchayath, who provided valuable insights and perspectives. The talk aimed to shed light on the historical and contemporary roles of women in Kerala, highlighting their achievements, challenges, and the progress made over time. Through this engaging session, attendees gained a deeper understanding of the significant contributions and evolving status of women in Kerala society.

#### INTERNATIONAL WOMEN'S DAY CELEBRATION

The Women Cell of WMO Arts and Science College, Muttil, enthusiastically celebrated International Women's Day on March 8th, 2019. The event was marked by a momentous inauguration, led by Ms. Jaseela KT, a dedicated Civil Police Officer known for her tireless efforts in promoting women's rights and safety. Adding to the significance of the occasion, Ms. Praveena Vasanth, an inspiring Solo Rider, graced the event as the esteemed Chief Guest. The atmosphere was filled with energy and empowerment as 109 students actively participated, contributing to the success of the event. Through this celebration, the Women Cell aimed to shine a spotlight on the achievements and challenges faced by women, while fostering a sense of unity and inspiring the next generation to strive for gender equality and women's empowerment.







### TRANSGENDER WELFARE AWARENESS PROGRAMME

Department of Social Work in association with Government of Kerala Social Justice Department organized an Awareness programme on Transgender Welfare for Higher Secondary and College Students on 22nd February 2019 at the WMO College auditorium. Students from various Higher Secondary Schools and Colleges participated in the programme. The programme intended to alter youth's perception on Transgender Community and to help them understand the ways to serve them.









#### **PENNORUKKAM**

The Women Cell, a dedicated organization working towards empowering women, arranged a remarkable media workshop named "Pennorukkam" on May 20, 2019. The event commenced with an inaugural ceremony graced by the presence of Ms. Raji, a seasoned journalist renowned for her work at Malayala Manorama. Adding to the expertise, Ms. Joysi Joseph, an esteemed professional, also joined as a resource person for the workshop. The event witnessed enthusiastic participation from 34 students representing diverse colleges. The significance of such workshops lies in their ability to offer invaluable insights and guidance to aspiring students interested in the dynamic fields of media and journalism. "Pennorukkam" proved to be a platform for learning and networking, allowing the participants to enhance their knowledge and skills in this everevolving industry.







## **SERIES OF ACTIVITIES ON INTERNATIONAL WOMEN'S DAY 2018**

The Department of Social work had conducted a series of activities in collaboration with the Women's cell of WMO College during International Women's day 2018. The department organized Essay competition, Quiz Competition, Poster making competition and a panel discussion with women whose jobs are directly involved in social life (Police, Bus conductor). The prize distribution for winners in competitions was done by the guests.

#### WOMEN'S DAY CELEBRATION WITH STUDENT'S UNION

The College Union celebrated Women's Day on 8th March 2018, honouring women who had made their mark in diverse fields and achieved remarkable success. Among the honoured individuals was Ms. Rukhiya, a trailblazer in the cattle slaughtering business. Her success in a traditionally male-dominated field showcased her determination, resilience, and entrepreneurial skills. Another remarkable woman recognized during the event was Ms Lilly Thomas, who successfully managed a Dairy Farm. Ms Bindhu Mandad, the first female Auto Rickshaw driver in the area, was also honoured for breaking gender stereotypes and excelling in a profession predominantly dominated by men. Ms. Vijayi, a physical education teacher, was acknowledged for her outstanding contributions to the field of education. As a female teacher in a predominantly male-dominated profession, she played a vital role in promoting physical fitness and empowerment among students. The function was presided over by Dr. T P Muhammad Fareed, the Principal of the college. Leading the function were Ms. Arya P, the University Union Councilor, and Ms. Akhina Prasad, the Joint Secretary of the College Union. Overall, the Women's Day celebrations served as a platform to honour and appreciate the achievements of these extraordinary women who excelled in their careers despite facing various challenges. Their accomplishments showcased the potential and capabilities of women in fields where their representation is traditionally limited. More than 300 students participated in the function.



### PENNINTEYUM KERALAM

On October 31, 2018, the WMO College campus hosted the gender parity program "Penninteyum Keralam." This program aimed to address gender equality and empower women in Kerala. The event highlighted success stories of women who have excelled in various fields, emphasizing their achievements and contributions to society. Through "Penninteyum Keralam," participants have gained awareness and understanding of the importance of gender parity. The program aimed to inspire and motivate individuals to challenge gender biases, advocate for equal rights, and create a more inclusive society.









# 2017-18

# WOMEN'S DAY CELEBRATION BY SOCIAL WORK DEPARTMENT

In collaboration with the College's Social Work Department, we arranged another programme yuvadika in connection with International Women's Day on March 9, 2018. The program was inaugurated by Ms Usha Kumari, Chairperson of the Women Development Council (WDC) in Kalpetta. We were honoured to have Ms Reshma, a KSRTC Bus Conductor, and Ms Soumini, a KSRTC Conductor, as our esteemed chief guests. Considering that KSRTC conductor positions are predominantly occupied by males, they graciously shared their experiences as conductors, offering valuable insights. Muhammad Shuhaib (Assistant Professor of Social work) welcomed the gathering and Ms. Nidhisha (Assistant Professor of Chemistry) delivered the vote of thanks.



## **NEERMATHALAM- PENKUTTAM**

The department had conducted a Four Days residential camp for female students at college from 17th to 20th April 2017. The camp aimed at enhancing the personality aspects and life skills of the students. Students of 8 different institutions from Wayanad, Calicut and Malappuram districts participated in the camp. Different sessions on personality development, career development, and women empowerment were dealt by different faculties.

#### **INAUGURATION OF WOMEN CELL ACTIVITIES 2017-18**

The activities of the Women's Cell for the academic year 2017-18 were inaugurated on 5th December 2017 by Prof. Thara S Philip, an Associate Professor of Malayalam (Rtd.) at St. Mary's College, S. Bathery. The inauguration event featured a talk on "Female Individuality" by Prof. Thara S Philip. The event witnessed a total of 181 participants, including both students and staff members. Presiding over the function was Dr Muhammed Fareed, TP (Principal). As part of the event, prizes were distributed to the winners of the examination conducted by the Women's Cell in collaboration with the National Commission for Women (NCW) on Women Empowerment. Dr Viji Paul, Ms.Noorjahan, Ms. Akhina Prasad, and Ms. CK Biyathumma gave felicitation talks at the programme. Dr Hemalatha welcomed the gathering, and Ms. Nidhisha V delivered the vote of thanks.



#### BEYOND GENDER: ENGAGING WITH TRANSGENDER PERSPECTIVES

On November 15, 2017, Wednesday, a momentous occasion unfolded at WMO Arts & Science College, Muttil, Wayanad, as the Department of Social Work organized their Association Inauguration event under the fitting name of "Egalite-2017." The event took on an extraordinary significance with the esteemed presence of Riya Isha, a truly remarkable individual who graced the occasion as the Chief Guest. Riya Isha's achievements speak volumes as she holds the prestigious distinction of being the first transgender Judge in Adalat and a highly accomplished Fashion Designer. Her participation as the Chief Guest not only exemplified her personal success but also underscored the college's unwavering commitment to inclusivity and the celebration of diversity. With Riya Isha's inspiring presence, the Department of Social Work embarked on a transformative journey of empowerment, advocacy, and the relentless pursuit of breaking societal barriers. The inauguration set a promising and invigorating tone for the year ahead, fueling aspirations for a successful and progressive future.

