

## LIFESTYLE ILLNESS CONTROL MARATHON



On 15 January 2022 in association with Kerala Health Mission and District Health Department, the NCC cadets of WMO Arts and Science College, Muttill participated in Life Style Disease Control Marathon. The Marathon upheld the idea of a 'Sound Mind in a Sound Body' and was a clarion for up keeping one's body and mind fit for peaceful living. 50 participants took part in the Marathon which was started from Muttill Town to Kalpetta. Among the participants were NCC cadets, NSS volunteers and General public.

  
Principal  
W.M.O. Arts & Science College  
Muttill P.O., Wayanad



**For a good future, Let the Habits be good**

District Health Department in Collaboration with  
Wayanad Health Mission

**Life Style Disease Control  
Marathon**

**2022 January 15, 7.30 AM**

**From Muttill Bustand  
To  
S.K.M.J. School Kalpetta**



  
Principal  
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Muttill P.O., Wayanad



  
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**OFFICE OF THE DISTRICT MEDICAL OFFICER (HEALTH)**

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**CERTIFICATE OF ACKNOWLEDGEMENT**

This certificate is presented to the NSS volunteers of WMO Arts and Science College, in recognition of their significant participation in the Lifestyle Disease Awareness Campaign, conducted on the 15th of January, 2022.

The District Medical Office (Health), Wayanad extends its heartfelt appreciation to these dedicated volunteers for their proactive involvement in raising awareness about lifestyle diseases. Their efforts exemplify a strong commitment to social service and a profound dedication to the well-being of society.

Through their contributions, these NSS volunteers have demonstrated the spirit of community engagement and responsibility, making a positive impact on individuals and communities alike.

In witness whereof, this certificate is awarded as a symbol of gratitude for the exemplary efforts and commitment displayed by these volunteers.

Presented on this date 19 August 2023

  
Dr. DINEESH P  
DISTRICT MEDICAL OFFICER (HEALTH)  
WAYANAD

Mananthavady  
19-08-2023



  
Principal  
W.M.O. Arts & Science College  
Muttill P.O., Wayanad